

## WELCOME



### GROUNDING

A CALM SPACE TO BEGIN AND BREATHE.

### Welcome to Your

### Your Radiant Reset Planner

This planner was created as a space to slow down, reflect, and reconnect with yourself. Use it alongside Radiant Beginnings or on its own whenever you need clarity, grounding, or inspiration.

- MagicPen Media

Creativity. Calm. Growth.

1

\_

3

4

5

6

7

8

9

10





# Meet Your Future Self — **Reflection Page**

#### ★ Instructions:

Take a slow breath. Imagine a version of you one year from now — a little more confident, a little more grounded, and a little more at ease with who you are becoming.

Answer the questions below without overthinking. There are no perfect words, just honest ones.

PS.	Write	as if	they	are	speaking	directly	y to you.
-----	-------	-------	------	-----	----------	----------	-----------

- 1) What does your future self want you to know right now?
- 2) What have they learned about caring for themselves?
- 3) What is one thing they have gently let go of?
- 4) What is one thing they now make space for?
- 5) How do they speak to you when life feels difficult or overwhelming?



3

8

10



# 5-MINUTE CALM

1. What is one thing I can release right now?

2. What is one thing I can give myself today?

3. What is one word that describes how I want to feel?



### **DAILY**

### REFLECTION

### **PAGES**

YOUR QUIET MOMENT TO CHECK IN AND RESET.



### Daily Reflection Pages

o



### Daily Reflection Pages

MarieDon
MagicPen Media 🎓



`

MagicPen Media 🎓
Trictiu y

MagicPen Media
Media /

MagicPen Media 🎓
wedia /

MagicPen
MagicPen Media 🎓

 3.5. * D
MagicPen Media 🎓
Wedia /

MagicPen Media 🎓
Media

MagicPen Media
Wedia



MagicPe	n
Media	1

10.

Maniallas
MagicPen Media 🎓
Trouting p